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# **Jumping-What you Need to Know to Stop it**



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## Jumping-What you Need to Know to Stop it

Welcome! **Is your dog a jumper?** If so, you are definitely not alone. Many **dogs are prone to jumping** and it can create big issues. If your **dog is a jumper**, read on for details to find out how you can discourage it and put a stop to it.

If your **dog is a jumper**, one thing that should be understood about dogs is that many, if not most, of them are **naturally prone to jumping**. It is part of their nature and it is one of the most common ways that they demonstrate excitement.

It can be quite cute when your **dog is a puppy and he jumps** on you when you return home from work. It is a completely different story when your dog is much bigger, particularly if he is a larger breed of dog.

Keep in mind that if you **do not wish your dog to jump** on others you must **not allow him to jump** on you either. Your dog has no way of being able to discern the difference. If you allow your **dog to jump on you**, then it should not really come as any surprise when he **jumps on the next guest that walks through the door**. The best way to curb this type of behavior is to simply **not allow your dog to jump on anyone**; yourself included.

Whether you have a **puppy that you wish to train not to jump** or it is an older dog that is already in the habit of jumping, it is important to understand that this habit can be broken. For that is exactly what it is; a bad habit. Just like with humans, it can **take some time for dogs to break a bad habit**. In fact, you may find it helpful to replace your **dog's bad habit of jumping** with something else that is positive, such as sitting and waiting for attention or praise.

**Teaching your dog not to jump** will take some time, so you must make sure that you exercise [patience when training your dog](#). Do not allow yourself to lose your temper. Work with him consistently and you will begin to see results.

When trying to **teach your dog not to jump** on people, keep in mind that the best thing you can do it to

pre-empt the behavior. Pay attention and be aware of your **dog's behavior** so that you will know whether he is about to jump on you or someone else. If you see that **your dog is about to jump on you, raise your knee and tell your dog 'off.'** When you raise your knee it will automatically make it more **difficult for your dog to jump on you** and he will begin to understand that he is not to do this.

In order for this technique to be effective, you must make sure that you do it **before he actually jumps on you.** If you wait until **he has already jumped** on you to raise your knee then **your dog could be hurt** and that, of course, should always be avoided.

Keep in mind that **dogs do not understand that they can jump sometimes** and not at others. You must be consistent with your dog. He is not able to discern that it is okay to **jump on you** when you are wearing jeans and a t-shirt, but not while you are wearing business clothes. Therefore, in order to avoid confusing your dog, it is simply best to make sure that you **do not ever allow your dog to jump on you** or anyone else.

Always make sure that you provide plenty of praise when your dog does as you command and **does not jump** in order to continue [maintaining the appropriate behavior.](#)

Like any other problem behavior, you can **teach your dog not to jump through consistent, dedicated practice.** Good quality dog training resources can also help you through the process of [teaching your dog not to jump.](#) Until next time, all the best to you and your dog.

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